

Day	Time	Focus	Call In Number	PIN and Notes
Wed				
	8:30am	Speaker	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	1:00pm	90 Day/Speaker	(218) 936-4700	107038# Hit *6 to mute and *7 to unmute
	2:30pm	Relapse/12 Step	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	7:30pm	90 Day	(712) 775-7100	897214# Hit *6 to mute and *6 to unmute
	8:00pm	90 Day	(712) 432-3900	987420# Hit *6 to mute and *7 to unmute
	8:30pm	OA/HOW (2 hr)	(712) 580-1800	12128# Hit *6 to mute and *7 to unmute
	8:30pm	Men's 90 Day	(712) 432-0600	267533# Hit *6 to mute and *6 to unmute
Thur				
	8:00am	Biig Book	(218) 339-4600	815771# Hit *6 to mute and *6 to unmute
	9:00am	Big Book	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	10:30am	Open	(712) 432-0080	561536# Hit *6 to mute and *7 to unmute
	5:30pm	90 Day	(712) 432-1680	522400# Hit *6 to mute and *7 to unmute
	8:00pm	90 Day	(319) 279-1000	135103# Hit *6 to mute and *7 to unmute
Fri				
	10:00am	Literature	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	12:00noon	12 Step/Traditions	(717) 625-6951	742371# Hit *1 to mute and *1 to unmute
	3:00pm	Big Book	(712) 432-3900	390009# Hit *6 to mute and *7 to unmute
	6:00pm	90 Day	(712) 421-8178	4673# Hit *6 to mute and *7 to unmute
	8:30pm	OA/HOW (2 hour)	(270) 696-2525	12128# Hit *6 to mute and *6 to unmute
Sat				
	8:00am	90 Day/For Today	(712) 432-3900	6320348# Hit *6 to mute and *7 to unmute
	9:30am	Seeking the Spiritual Path	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	10:00am	90 Day/Literature	(218) 486-8700	155901# Hit *6 to mute and *7 to unmute
	12:00noon	Open	(712) 451-6125	615178# Hit *6 to mute and *6 to unmute
	2:00pm	Literature	(608) 649-1800	909726# Hit *6 to mute and *6 to unmute
	3:00pm	AA Step/Traditions	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	4:00pm	12 Step/Traditions	(712) 432-3900	260185# Hit *6 to mute and *7 to unmute
	6:00pm	Literature	(712) 432-3900	4285115# Hit *6 to mute and *7 to unmute
	9:00pm	Black/Relapse	(712) 432-6100	67169# Hit *6 to mute and *7 to unmute

## Keep Calling Back It works if you work it!

All-Day Marathon Meeting on 2/14: (712) 432-3900 Pin: 4285115# and 2/28: (712) 432-3900 Pin: 1212811#  
 Primary Purpose Big Book Study (Recorded/24 hours): (712) 432-3903 Pin: 390009#  
 Coffee Shop Big Book Study (Recorded/24 hours): (712) 432-3903 Pin: 897578#

Any changes contact Ellie at (813) 760-4808 or [ellie@karpcom.com](mailto:ellie@karpcom.com)

**OA TELEPHONE MEETINGS**

Eastern Standard Time

**Everyday Meetings**

Everyday	Time	Focus	Call In Number	PIN and Notes	
	12:00am	Relapse/12 Step (30 min)	(712) 432-3900	6508933#	Hit *6 to mute and *7 to unmute
	6:45am	Literature	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	7:00am	Coffee Shop/Big Book (Live)	(712) 432-3900	897578#	Hit *6 to mute and *7 to unmute
	9:45am	Literature	(712) 432-3900	836731#	Hit *6 to mute and *7 to unmute
Mon-Fri	12:00noon	Open	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	5:00pm	Relapse/12 Step (30 min)	(712) 432-3900	6508933#	Hit *6 to mute and *7 to unmute
	6:45pm	Literature	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
Fri-Steps	9:00pm	100 Pounders	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	10:00pm	Big Book	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	11:00pm	Literature	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute

**Daily Schedule**

Day	Time	Focus	Call In Number	PIN and Notes	
Sun					
	7:30am	Literature	(218) 936-4700	245852#	Hit *6 to mute and *6 to unmute
	8:00am	90 Day/Big Book	(712) 432-3900	6320348#	Hit *6 to mute and *7 to unmute
	11:00am	Literature/Speaker	(712) 432-3900	706097#	Hit *6 to mute and *7 to unmute
	2:00pm	For Today	(270) 400-1500	12128#	Hit *6 to mute and *7 to unmute
	3:00pm	OA/HOW (2 hr)	(219) 509-8222	121281#	Hit *6 to mute and *7 to unmute
	3:00pm	Relapse/12 Step Within	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	4:00pm	Young People	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	6:00pm	Open	(712) 432-3900	5846574#	Hit *6 to mute and *7 to unmute
	8:00pm	Men's	(218) 486-1600	557029#	Hit *6 to mute and *7 to unmute
	8:00pm	90 Day	(712) 775-7100	897214#	Hit *6 to mute and *6 to unmute
	8:00pm	12 Step/Traditions	(219) 509-8222	79822#	Hit *6 to mute and *7 to unmute
Mon					
	9:00am	Lifeline Sampler	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	10:00am	90 Day/For Today	(518) 825-1300	79822#	Hit *6 to mute and *7 to unmute
	8:30pm	OA/HOW (2 hr)	(270) 696-2525	121208#	Hit *6 to mute and *7 to unmute
Tue					
	6:00am	12 Step/Traditions	(712) 432-0080	139918#	Hit *6 to mute and *7 to unmute
	8:30am	OA/HOW	(712) 432-3900	4285115#	Hit *6 to mute and *7 to unmute
	9:30am	90 Day	(712) 432-8773	45698#	Hit *1 to mute and *1 to unmute
	11:00am	Open	(309) 946-5000	127837#	Hit *6 to mute and *7 to unmute
	12:30pm	OA/HOW (2 hr)	(712) 432-1436	12128#	Hit *6 to mute and *6 to unmute
	1:00pm	Literature	(712) 432-3900	6508933#	Hit *6 to mute and *7 to unmute
	6:00pm	Big Book	(712) 432-3900	390009#	Hit *6 to mute and *7 to unmute
	7:30pm	Newcomers	(712) 432-0175	1069866#	Hit *6 to mute and *7 to unmute
	8:00pm	90 Day/Speaker	(712) 432-3900	803299#	Hit *6 to mute and *7 to unmute
	9:00pm	Black/Literature	(712) 432-6100	67169#	Hit *6 to mute and *7 to unmute