



## REGION 7 GROUP & INTERGROUP CONTRIBUTION INSTRUCTIONS

Contributions made to Region 7 by groups and intergroups enable the Region to continue its efforts to carry the OA message of Recovery to those who still suffer. To make a contribution to Region 7, simply follow the process below:

- 1) Make your check or money order (do not send cash) payable to REGION 7, INC.
- 2) Include on your check or money order your group or intergroup number. This is especially important since all donations to the Region are tracked using this number and published on a quarterly basis, listed according to the group/intergroup number. If you do not know your group number, this information can be found on the Overeaters Anonymous website at [www.oa.org](http://www.oa.org), under the tab for "Meetings" and selecting "Find a Face-to-Face Meeting".
- 3) Send your check or money order to the following address:

Region 7, Inc.  
3500 South DuPont Highway  
Dover, DE 19901-6011
- 4) If you desire a paper receipt for your contribution, enclose a self-addressed, stamped envelope.

All quarterly contribution reports are available in the Files section of the Google Region 7 "Group and Loop". The web address is [oaregion7@gmail.com](mailto:oaregion7@gmail.com).

Thank you for your support and fellowship, and please know that your service in OA is very much appreciated.

If you have any questions, please do not hesitate to contact me.

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